



**NAMASTE**

**NEPAL**

31 Mar - 9 Apr 2025



# WHO ARE WE?



Saudi Nomad is an organization bringing the world of backpacking to Saudi Arabia through its fun adventures.

Saudi Nomad's ultimate goal is to teach **YOU** how to backpack and plan your own trips for years to come.



## WHAT DID OUR PREVIOUS PARTICIPANTS SAY ABOUT US?



**FARIS**  
Indonesia

"This adventure was fundamentally about learning to adapt to different environments, and I am deeply grateful for the insights and challenges presented by Saudi Nomad."



**WAEI**  
Vietnam

"Once you got a glimpse of these kind of experiences you will rethink and reevaluate your relationship with stuffs and people around you. You will have a clear mindset of what's really important in your life.."



**FAYE**  
Philippines

"Learned that anyone could travel, see the world and enjoy their time with any amount of money they have. Knew that the only obstacles we face are the limits that we put for ourselves in our minds."



**NAJLA**  
Nepal

"Backpacking is a life within a life!"



**HUSSAIN**  
Mexico

"An experience unlike any I've had before. I'm happy so much for being part of this journey, you were like my family. This is what makes Saudi Nomad such a great company. Every day is filled with new challenges and new ways to learn, and the most important are the memories I made that will stay with me forever."



**WASSAM**  
India

"I never thought I'm capable of coping with this way of life and traveling and honestly I love it it was such an eye-opening experience in so many levels... "

JOIN US  
AS WE  
NAVIGATE

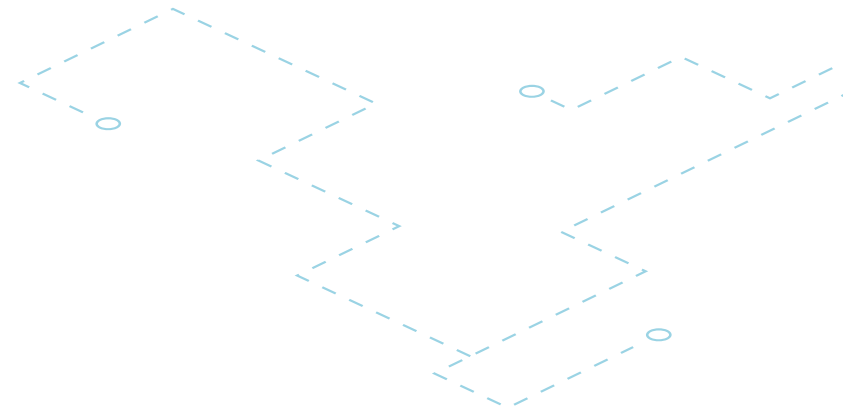
# NEPAL

and explore all the country has to offer.

We promise breathtaking mountain scenery, beautiful structures, and a healthy dose of the unexpected.

Whether you've travelled before or want to see the world for the first time, we'll help you become a seasoned backpacker and maybe even learn a thing or two about yourself along the way.

But don't just take our word for it - [sign up now](#) to discover the adventure for yourself!



WE REALLY JUST  
WANT TO SAY HI!




Feb 28th \*  
**2025**

Introducing group members 

Talking about backpacking 

Reviewing the trip's route and challenges 

Discussing backpacking gear 

# FIRST MEETING

That will take place after registration completion

\* Dates subject to change

# THE JOURNEY OF A THOUSAND MILES BEGINS WITH ONE STEP

✦ **The first step starts here!** ✦

We'll be roaming around the villages between the mountains, sleep in hostels and huts, experience the local and traditional life and for sure we'll get to know the traditional cuisine, starting and ending in the capital Kathmandu.

To enhance your backpacking skills, you'll be presented with challenges that mimic real travel problems, which you'll need to solve with the guidance of our experienced guides, every step of the way. These challenges are designed to test your resourcefulness and adaptability, ensuring you gain practical knowledge and confidence in handling various situations.

Whether it's navigating unfamiliar terrain, managing limited resources, or dealing with unexpected obstacles, you'll learn valuable lessons that will prepare you for future adventures.

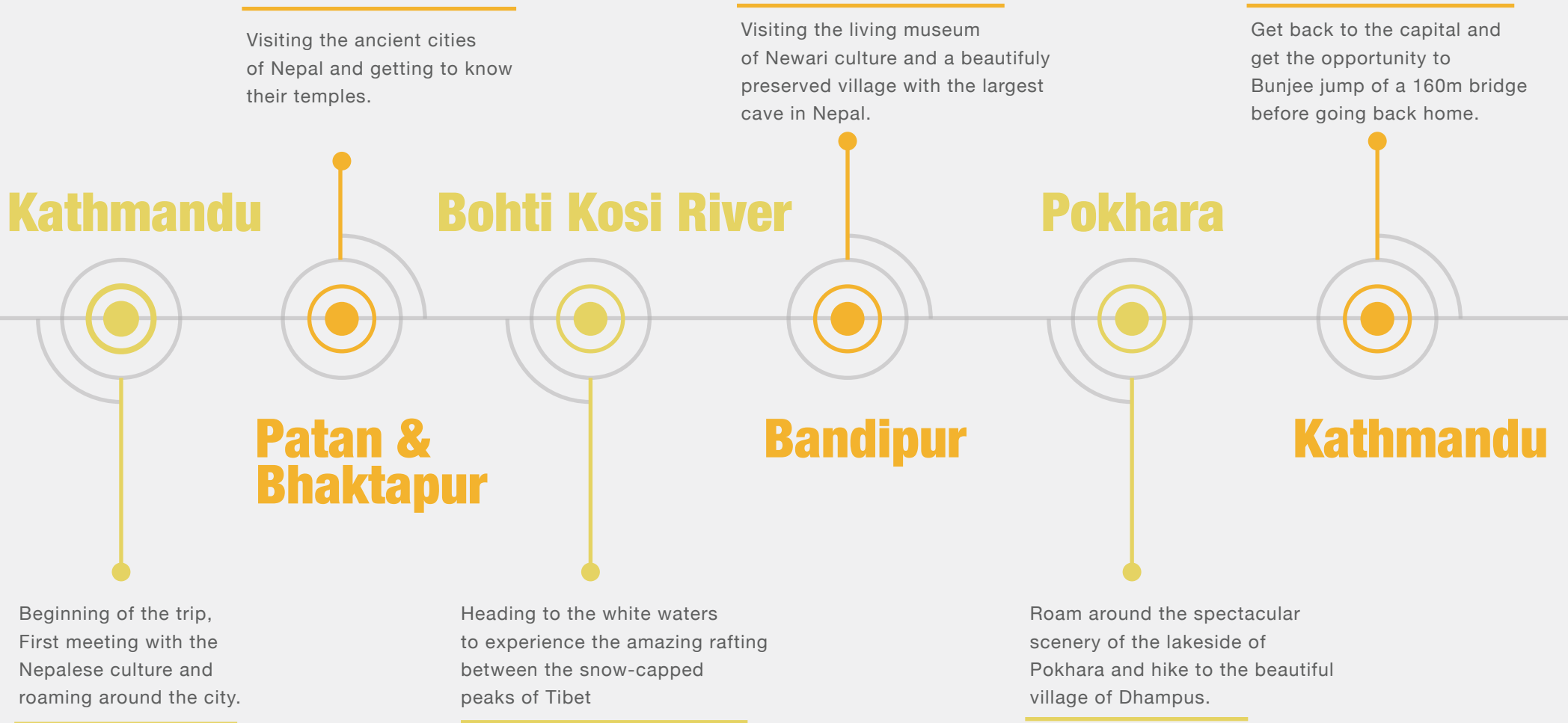
Our guides will be there to support you, providing insights and tips to help you overcome each challenge and make the most of your journey. This hands-on approach will not only improve your backpacking abilities but also foster a sense of camaraderie and teamwork among participants, creating an enriching and unforgettable experience.

# TRIP ROUTE





# The route.



# DAY 1

## Namaste Nepal

Namaste! Welcome to Kathmandu, the capital city of Nepal.

On the first day of our trip Saudi Nomads' guides will meet you at the airport and you will get the chance to experience the nepalese culture while roaming around the beautiful **Thamel**, and enjoying the delicious nepalese food and witnessing the sunset from the high **Monkey Temple**.

**Accommodation:** Hostel

**Transportation:**

**Estimated Travel Time:**



30 m





# DAY 2

## Ancient Nepal

Get to know the Buddhist and Hindustan culture by visiting the ancient temples of Kathmandu starting with Kathmandu ***Durbar Square***, the ancient cities of ***Bhaktapur, Patan***.

**Accommodation:** Hostel

**Transportation:**

**Estimated Travel Time:**



40 m



# DAY 3

## Rafting the White Waters

Tumbling from the snow-capped peaks of Tibet, the **Bhote Kosi river** provides some of the most exciting rafting and kayaking in Nepal.

Emerald green fields are terraced high above the river. Curious villagers on suspension bridges are amazed as we plunge through cascading waves and chutes of foam.

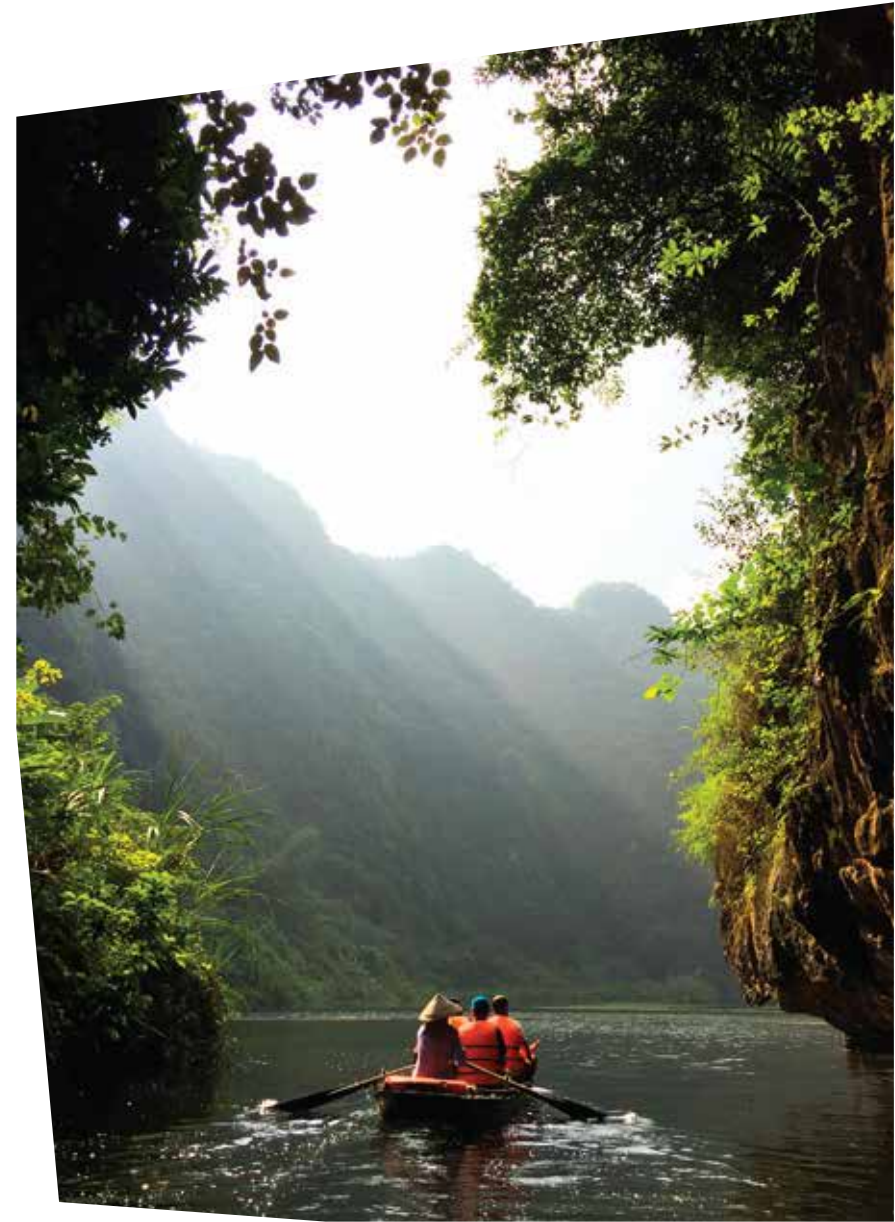
**Accommodation:** Hostel

**Transportation:**

**Estimated Travel Time:**



8 Hours



# DAY 4

## Exploring Exotic Bandipur

After we have breakfast we will walk together to the bus station to catch a local bus heading to the village of *hilltop settlement of Bandipur*.

A Newar town with its age-old flavor still intact and we will explore the town together.

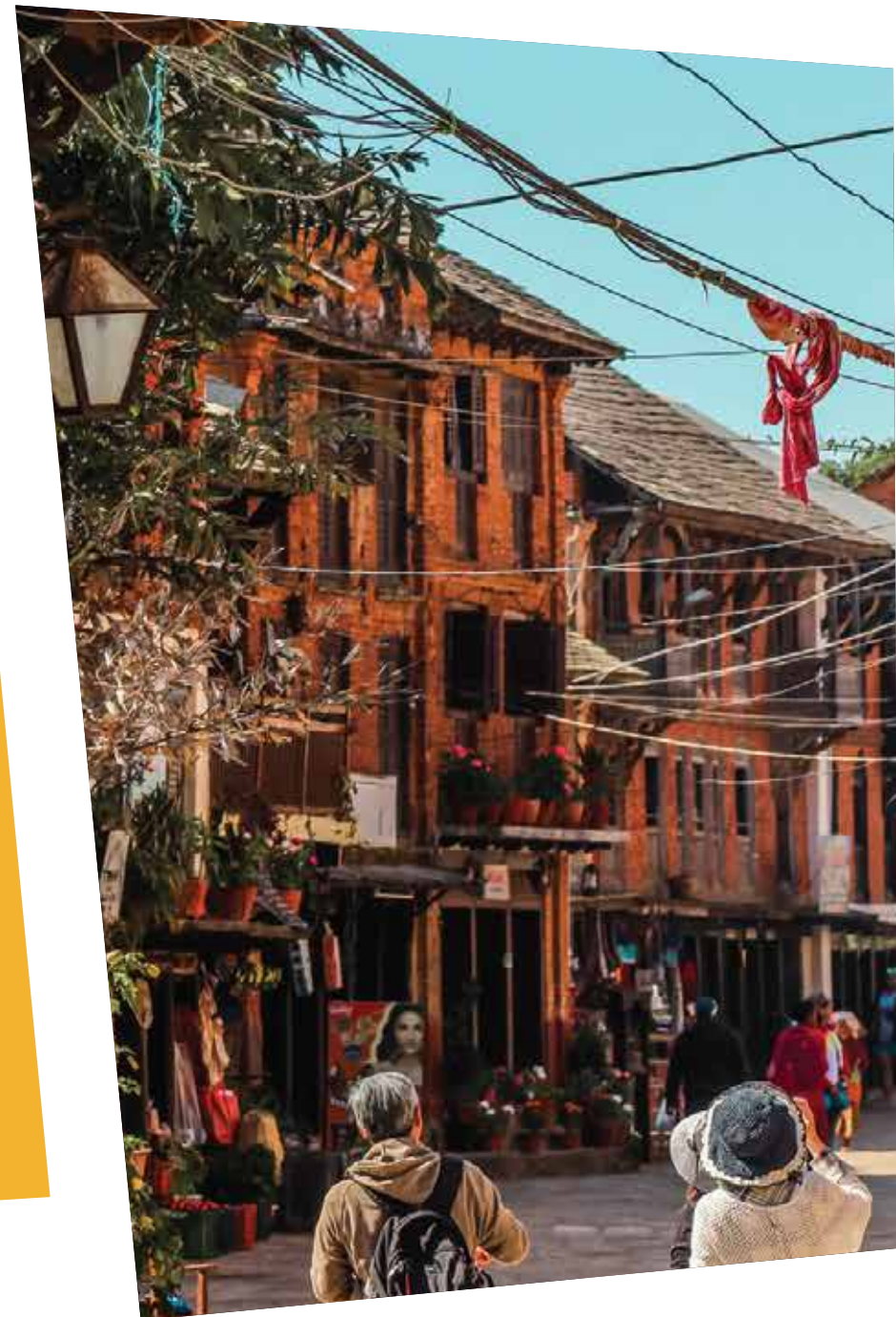
**Accommodation:** Guesthouse

**Transportation:**

**Estimated Travel Time:**



6 Hours



# DAY 5

## Trekking towards the Newar

We will wake up early to have the chance to see the amazing sunrise while we hike down to *siddha cave* and to explore the Living museum of Newari Culture, the largest cave in Nepal.

After that we will head to the beautiful city of *Pokhara* and we will spend the rest of the day there.

**Accommodation:** Hostel

**Transportation:**

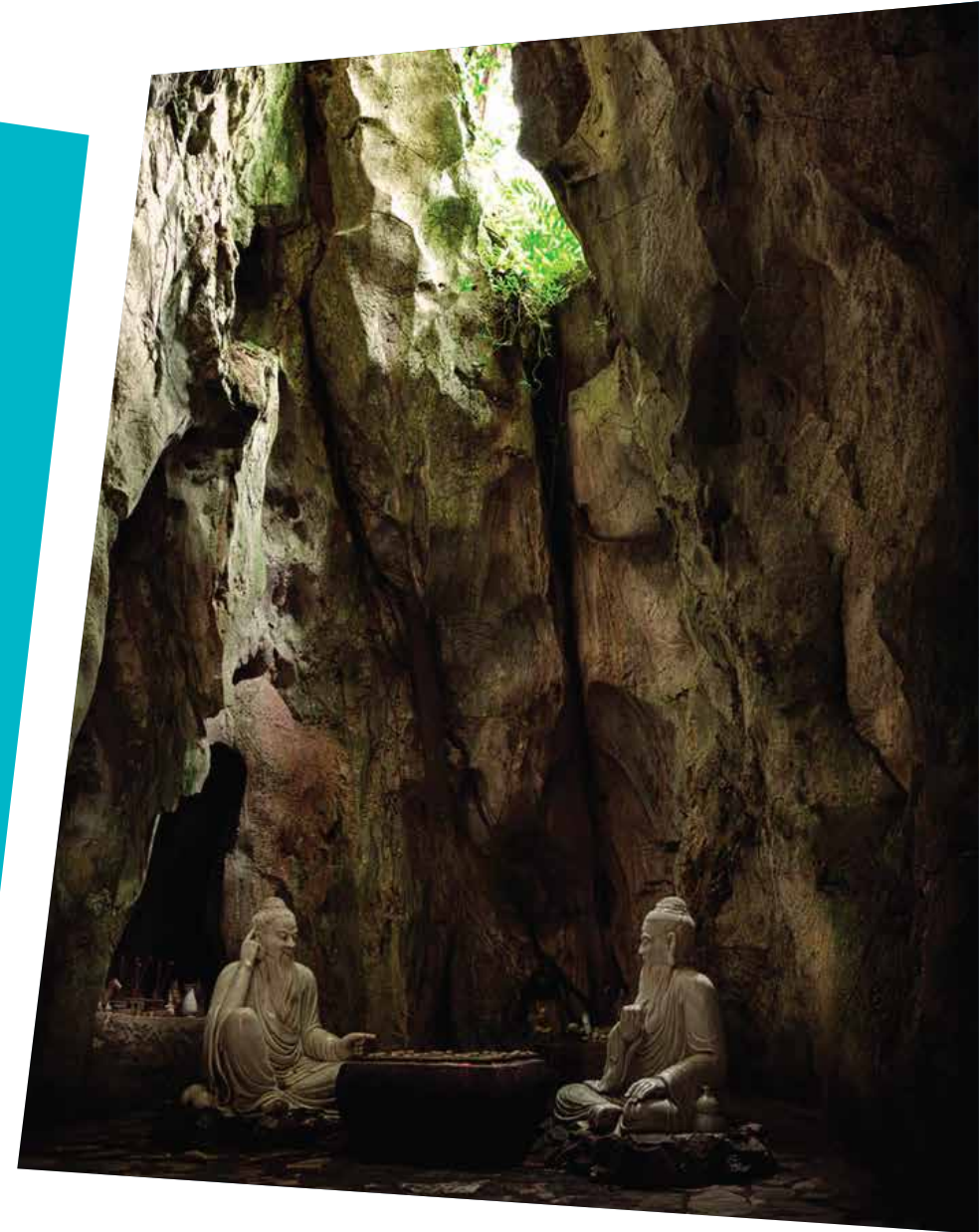
**Estimated Travel Time:**



4 Hours



3 Hours



# DAY 6

## Lakeside of Pokhara

We will explore the lakesides *Pokhara* by riding scooters around the city and boats around the lake, and have the chance to try traditional Pokhareli delicious cuisine.

With a semi-open day, we'll have the opportunity to enjoy Pokhara and its wonders.

**Accommodation:** Hostel

**Transportation:**

**Estimated Travel Time:**



Full-day



# DAY 7

## Trek the great mountain of The Himalaya

Heading to *Phedi* to start our hike to the spectacular village of *Dhampus*; on our way up we will pass through forest and several small villages also we will have the chance to meet local tribes who are very friendly and welcoming.

Later on we'll be heading back to *Pokhara*.

**Accommodation:** Hostel

**Transportation:**

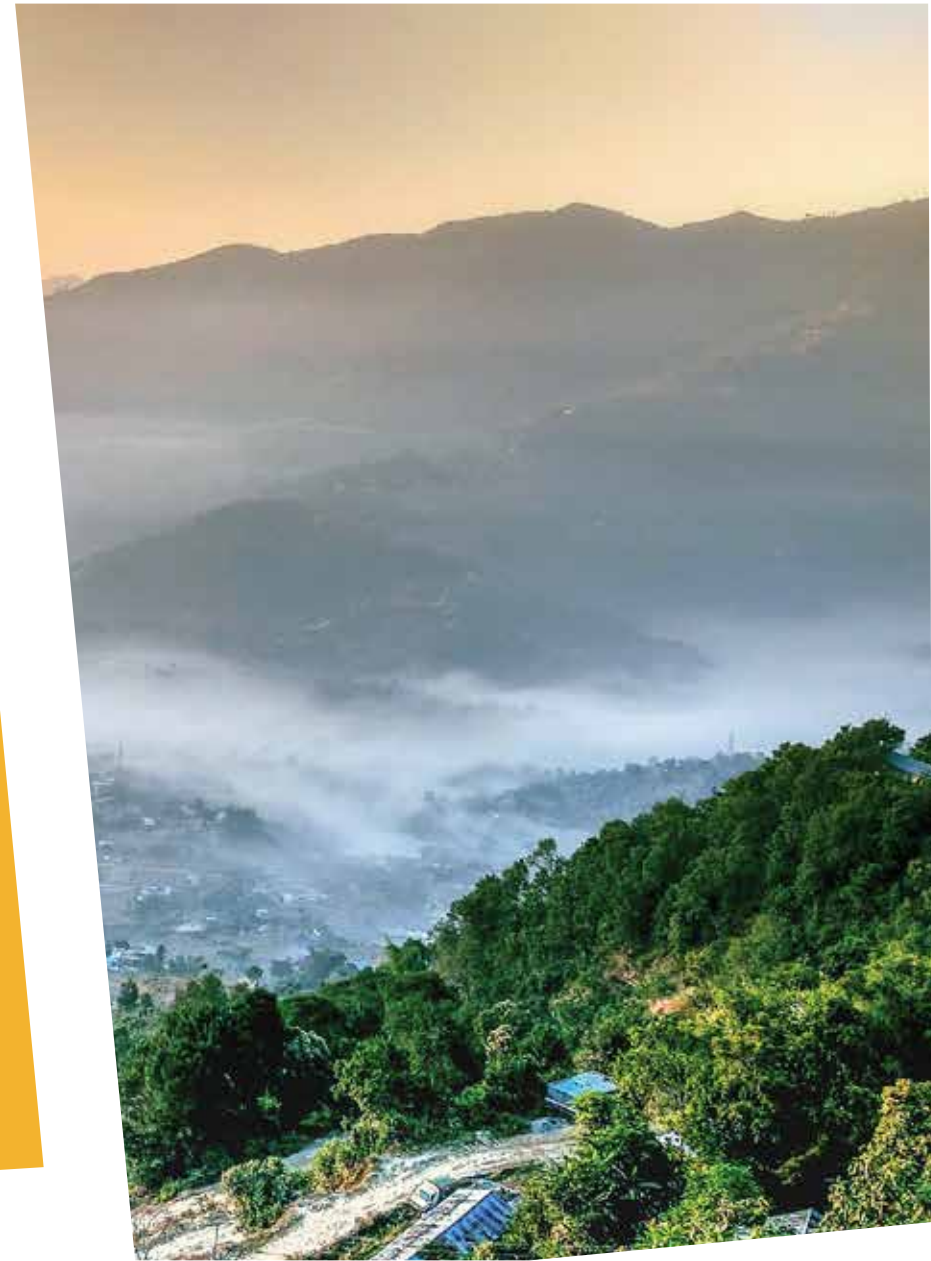
**Estimated Travel Time:**



6 Hours



2 Hours



# DAY 8

## Buckle up, Thamel here we come!

Waking up in *Pokhara* to a beautiful morning and getting ready to catch our bus to *Kathmandu*.

After we arrive we'll be romaing around *Thamel* at night and then getting ready for tomorrows full day.

**Accommodation:** Hostel

**Transportation:**

**Estimated Travel Time:**



6 hours



# DAY 9

## Jumping a 160m Bridge

We wake up early to have a quick breakfast then we'll take the a bus that will take us to wild **Bhotekoshi river** and there Imagine a bridge over a 160m high tropical gorge, with one of Nepal's wildest rivers, raging below...

### Now jump!

Afterwards, we have the rest of day to enjoy the local bazar of **Thamel** in Kathmandu.

**Accommodation:** Hostel

**Transportation:**

**Estimated Travel Time:**



8 Hours





# DAY 10

## Good Bye Nepal

Unfortunately...

It is the time to say good bye to the land of mountains, ancient temples and friendly people.

We check out from the hostel and head to airport.

**Transportation:**

**Estimated Travel  
Time:**



30 m



# THE WHERE THE HOW THE WHAT



You might be wondering by now, where are we staying? how are we going to move from point A to point B? what are we going to eat? what is the weather going to be like? and what am I supposed to pack?

No worries, we'll answer all these questions.





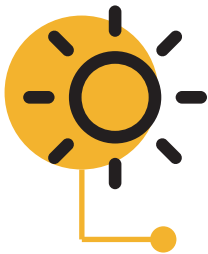
## Hostels

- A bed in shared dorms
- Awesome atmosphere
- Cultures from all over the world
- Making new friends
- Meeting locals



## Transportation

- Local busses
- Scooters
- Boats
- Tuk Tuks
- Hitchhiking



## Weather

April is the beginning of the wet season in Nepal. Light to moderate rain is expected throughout our trip, with the highest temperatures reaching around 29°C.



## Food

With the traditional food, we'll try the authentic Nepalese cuisine at local restaurants, street vendors and cafes

- 55L Backpack
- Wool socks
- Hiking shoes
- Packable backpacks (for daily activities)
- Universal adaptor
- Padlocks (for hostels' lockers)
- Travel packable towel
- FirstAid kit and personal medicine
- Rain jacket
- Sleeping bag liner

# IMPORTANT

LifeStraw Go

Powerbank

Headphones

Packable neck pillow

Personal/passport photos

Travel toiletry bag

Laundry bag

Sleeping mask

Light jacket

Sleeping earplugs

Flipflops

Sunscreen

Trekking pants/shorts

Sunglasses

Packing cubes

Light running shoes

Insect repellent

Portable bidet (e.g. TeshTesh)

# GOOD-TO-HAVE

# TRIP PRICE



1,600 USD

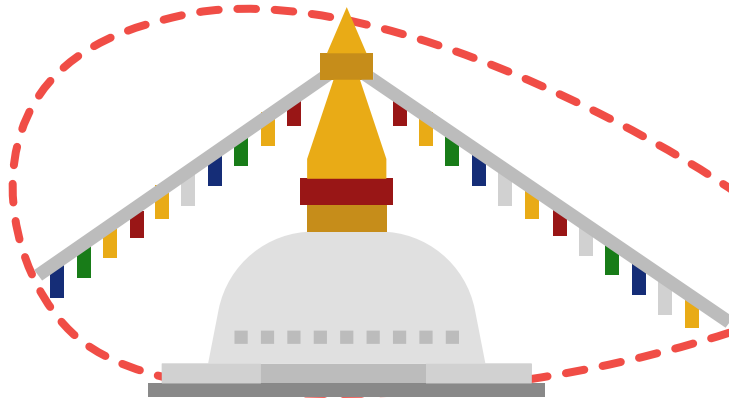
**6,000 SAR**

per person

# TRIP DATES



**STARTS** 31 Mar



9 Apr **ENDS**

## Price includes:



### Travel insurance

We partner with a travel insurance company that covers almost all accidents - not that you'll have any but just in case!



### Outdoor activities

From hiking, bungee jumping, rafting and other challenges that will get you out of your comfort zone.



### Local Transportation



### Accommodation\*

In various types of hostels and guesthouses.



### Daily meals

Breakfast, lunch, and dinner at local restaurants and food vendors.



### Experienced guides

Our guides are there to make sure you have the best and the safest experience, in addition they have great stories about their travels and lots of fun activities while in transit.

## Price excludes:

### International flights

We do however provide suggested arrival & departure times. Check page 26.

### Visa fees

Nepalese visa fees is 30\$ on arrival.

### Backpack

Backpack rentals are available by Saudi Nomad for 30 SAR/day

### Drinks & water

### A Travelers spirit

You have to be open to trying new things and be one with the group, because in the end, we'll become you're traveling family.

\* Female only dorms will be provided





# POST TRIP EXPERIENCES



## KAYAKING INTENSIVE COURSE

Embark on an exciting 4-days Whitewater Kayaking Course on the spectacular **Bhote Koshi River!**

Designed for absolute beginners, this immersive experience is guided by expert instructors who will teach you everything you need to navigate the river's exhilarating waters safely.

Over the course of your stay, you'll master paddling techniques in the pool, build confidence on calm stretches, and then feel the thrill of taking on rapids in the whitewater river—all while soaking in the stunning scenery of Nepal's lush river valleys.

Evenings are for relaxation and camaraderie at our cozy riverside accommodations, making this the perfect blend of adventure and comfort.

**Join us for an unforgettable journey into the world of kayaking!**

600 USD

**2,250 SAR**  
per person

### PRICE INCLUDES:

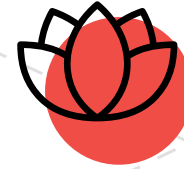
- All meals
- Certified local guides
- 4 nights in the forest
- All equipments & transportations



**SAVE YOUR SPOT NOW!**



# POST TRIP EXPERIENCES



## 4 DAYS & 3 NIGHTS YOGA RETREAT

Escape the demands of daily life with the All Inclusive Yoga Retreat experience, designed to nurture your body, mind, and soul.

Immerse yourself in relaxation and detoxification, leaving behind stress and distractions to find peace and clarity.

Through guided yoga and meditation sessions, you'll develop vitality, strengthen your body, and deepen your practice, taking it to the next level.

Embrace the serenity of nature, disconnect from technology, and reconnect with your inner self, fostering self-realization and a sense of harmony.

Surrounded by positive energy and like-minded individuals, this retreat offers the perfect opportunity to recharge, reflect, and rediscover balance in your life.

**Take the first step toward your journey to inner peace!**

480 USD

**1,800 SAR**  
per person

### PRICE INCLUDES:

- All meals (vegetarian)
- Daily yoga sessions
- Private room
- Daily therapeutic massages



**SAVE YOUR  
SPOT NOW!**

# REASONS TO JOIN THE TRIP

- If you want to learn how to backpack.
- If you want to discover yourself, find ways to get out of your comfortzone and try out new things.
- If you want to emerge yourself with a new culture.
- If you are fit enough and brave enough to face the unknown.
- If you are enthusiastic and have an easy going attitude.





# FLIGHTS TIMEFRAME



## NOTE

We **strongly recommend** arriving a day or two prior to the start of the trip, to ensure you have plenty of time to rest and fully recover from any jet lag.



## Arrival Flight

- CITY:**  
Kathmandu, Nepal
- AIRPORT:**  
Tribhuvan International Airport [KTM]
- DATE:**  
Monday, March 31, 2025
- TIME:**  
Latest by 12 PM
- AIRPORT MEET & GREET:**  
From 9 AM to 12 PM



## Departure Flight

- CITY:**  
Kathmandu, Nepal
- AIRPORT:**  
Tribhuvan International Airport [KTM]
- DATE:**  
Wednesday, April 9, 2025
- TIME:**  
After 5 AM
- AIRPORT FAREWELL & GOODBYE**  
From 5 AM to 12 PM

\* In case an arrival flight was booked outside the specified Meet & Greet timeframe; a meeting point and instructions will be shared with you to meet up with the group.



*Join us in our adventure*

**THANK YOU!**



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