



**NAMASTE**

**NEPAL**

21 Mar - 30 Mar 2026

# WHO ARE WE?



Saudi Nomad is an organization bringing the world of backpacking to Saudi Arabia through its fun adventures.

Saudi Nomad's ultimate goal is to teach **YOU** how to backpack and plan your own trips for years to come.



## WHAT DID OUR PREVIOUS PARTICIPANTS SAY ABOUT US?



**FARIS**  
Indonesia

"This adventure was fundamentally about learning to adapt to different environments, and I am deeply grateful for the insights and challenges presented by Saudi Nomad."



**FAYE**  
Philippines

"Learned that anyone could travel, see the world and enjoy their time with any amount of money they have. Knew that the only obstacles we face are the limits that we put for ourselves in our minds."



**HUSSAIN**  
Mexico

"An experience unlike any I've had before. I'm happy so much for being part of this journey, you were like my family. This is what makes Saudi Nomad such a great company. Every day is filled with new challenges and new ways to learn, and the most important are the memories I made that will stay with me forever."



**WAEI**  
Vietnam

"Once you got a glimpse of these kind of experiences you will rethink and reevaluate your relationship with stuffs and people around you. You will have a clear mindset of what's really important in your life.."



**NAJLA**  
Nepal

"Backpacking is a life within a life!"



**WASSAM**  
India

"I never thought I'm capable of coping with this way of life and traveling and honestly I love it it was such an eye-opening experience in so many levels... "



JOIN US  
AS WE  
NAVIGATE

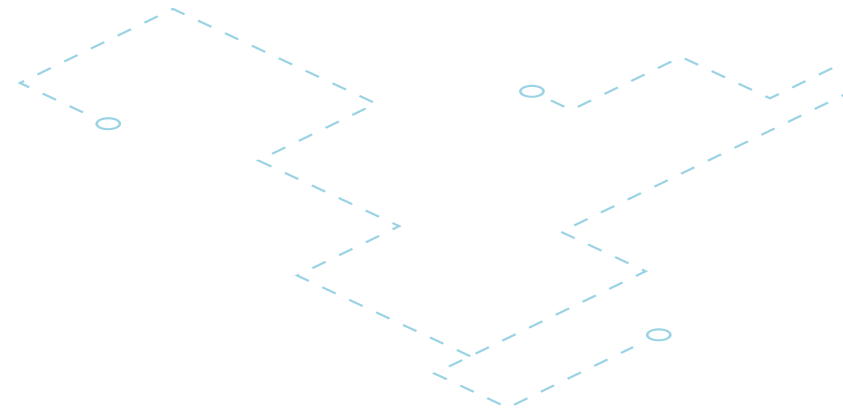
# NEPAL

and explore all the country has to offer.

We promise breathtaking mountain scenery, beautiful structures, and a healthy dose of the unexpected.

Whether you've travelled before or want to see the world for the first time, we'll help you become a seasoned backpacker and maybe even learn a thing or two about yourself along the way.

But don't just take our word for it - [sign up now](#) to discover the adventure for yourself!







WE REALLY JUST  
WANT TO SAY HI!



Feb 14th \*  
**2026**

Introducing group members

Talking about backpacking

Reviewing the trip's route and challenges

Discussing backpacking gear

# FIRST MEETING

That will take place after registration completion

\* Dates subject to change

# THE JOURNEY OF A THOUSAND MILES BEGINS WITH ONE STEP

✨ The first step starts here! ✨

We'll be roaming around the villages between the mountains, sleep in hostels and huts, experience the local and traditional life and for sure we'll get to know the traditional cuisine, starting and ending in the capital **Kathmandu**.

To sharpen your backpacking skills, you'll face hands-on challenges that mirror real-life travel scenarios. Guided every step of the way by our seasoned trip leaders, you'll be encouraged to think on your feet and adapt as you navigate through each task. These challenges are crafted to stretch your resourcefulness, boost your confidence, and equip you with practical know-how.

Whether it's finding your way through unfamiliar paths, making the most of limited supplies, or staying calm when things don't go as planned, you'll walk away with valuable lessons that prepare you for any future adventure.

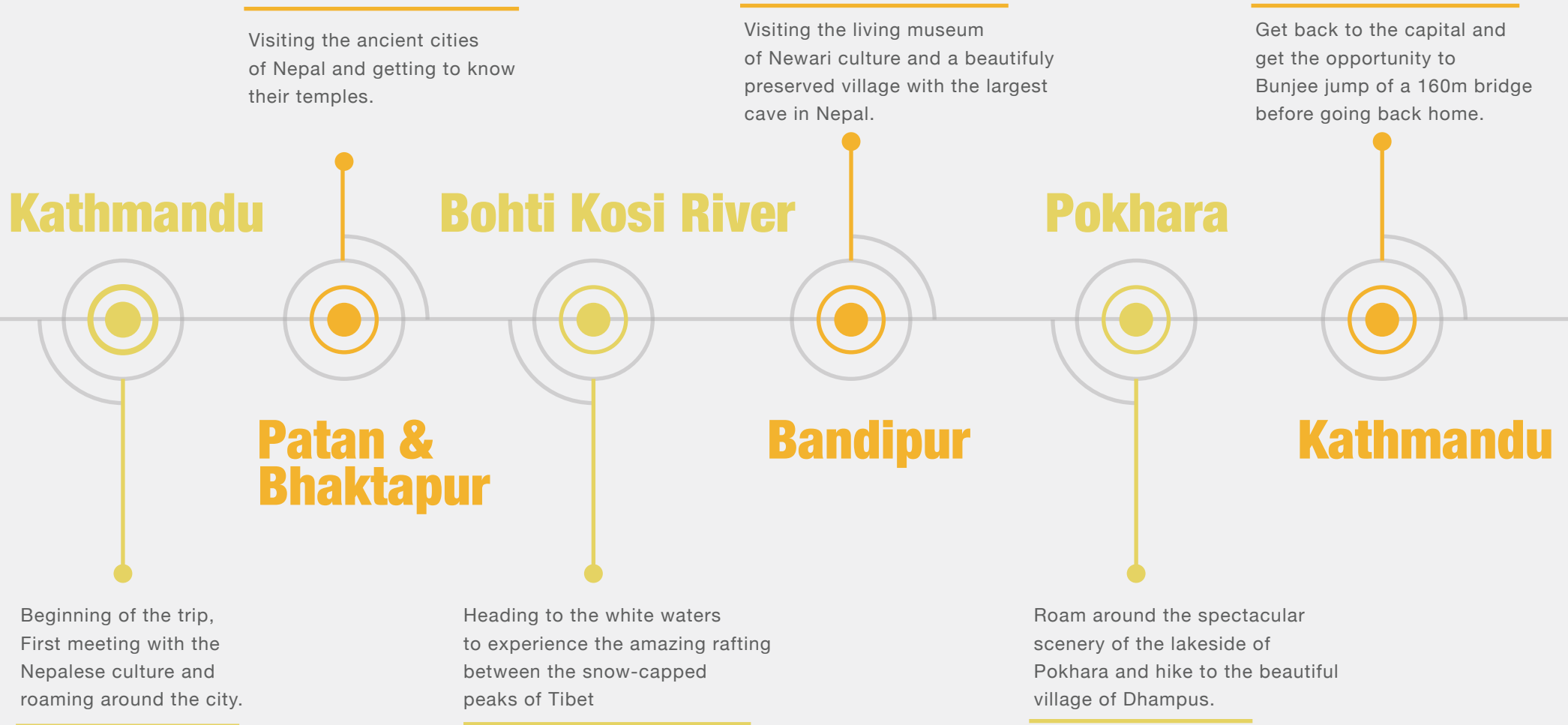
And through it all, our guides will be by your side—offering tips, insights, and encouragement to help you grow. This immersive, challenge-based experience won't just build your backpacking abilities; it will spark camaraderie, deepen your resilience, and leave you with memories you won't forget.

# TRIP ROUTE





# The route.





# DAY 1

## Namaste Nepal

Namaste! Welcome to Kathmandu, the capital city of Nepal.

On the first day of our trip Saudi Nomads' guides will meet you at the airport and you will get the chance to experience the nepalese culture while roaming around the beautiful **Thamel**, and enjoying the delicious nepalese food and witnessing the sunset from the high **Monkey Temple**.

**Accommodation:** Hostel

**Transportation:**

**Estimated Travel Time:**



30 m





# DAY 2

## Ancient Nepal

Get to know the Buddhist and Hindustan culture by visiting the ancient temples of Kathmandu starting with Kathmandu ***Durbar Square***, the ancient cities of ***Bhaktapur, Patan***.

**Accommodation:** Hostel

**Transportation:**

**Estimated Travel Time:**



40 m



# DAY 3

## Rafting the White Waters

Tumbling from the snow-capped peaks of Tibet, the ***Bhote Kosi river*** provides some of the most exciting rafting and kayaking in Nepal.

Emerald green fields are terraced high above the river. Curious villagers on suspension bridges are amazed as we plunge through cascading waves and chutes of foam.

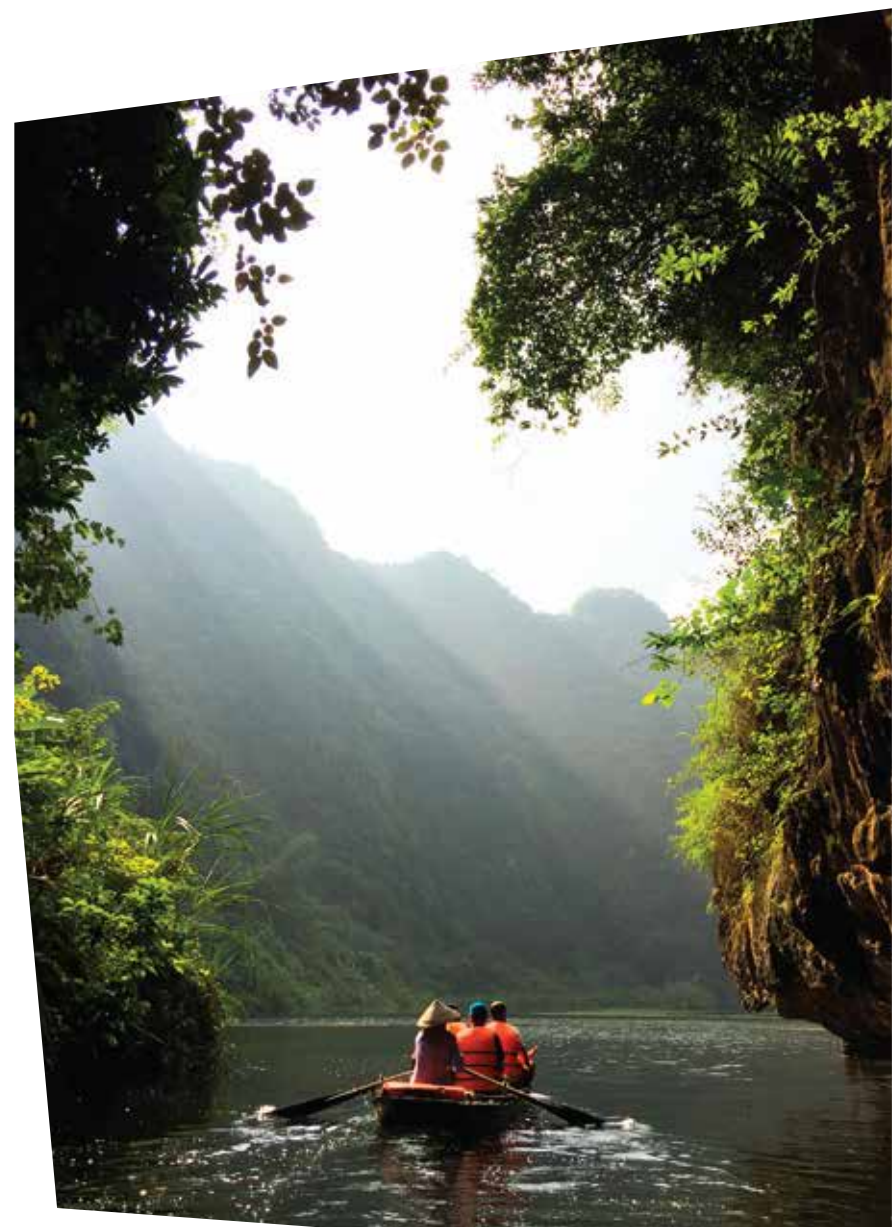
**Accommodation:** Hostel

**Transportation:**

**Estimated Travel Time:**



8 Hours





# DAY 4

## Exploring Exotic Bandipur

After we have breakfast we will walk together to the bus station to catch a local bus heading to the village of **hilltop settlement of Bandipur**.

A Newar town with its age-old flavor still intact and we will explore the town together.

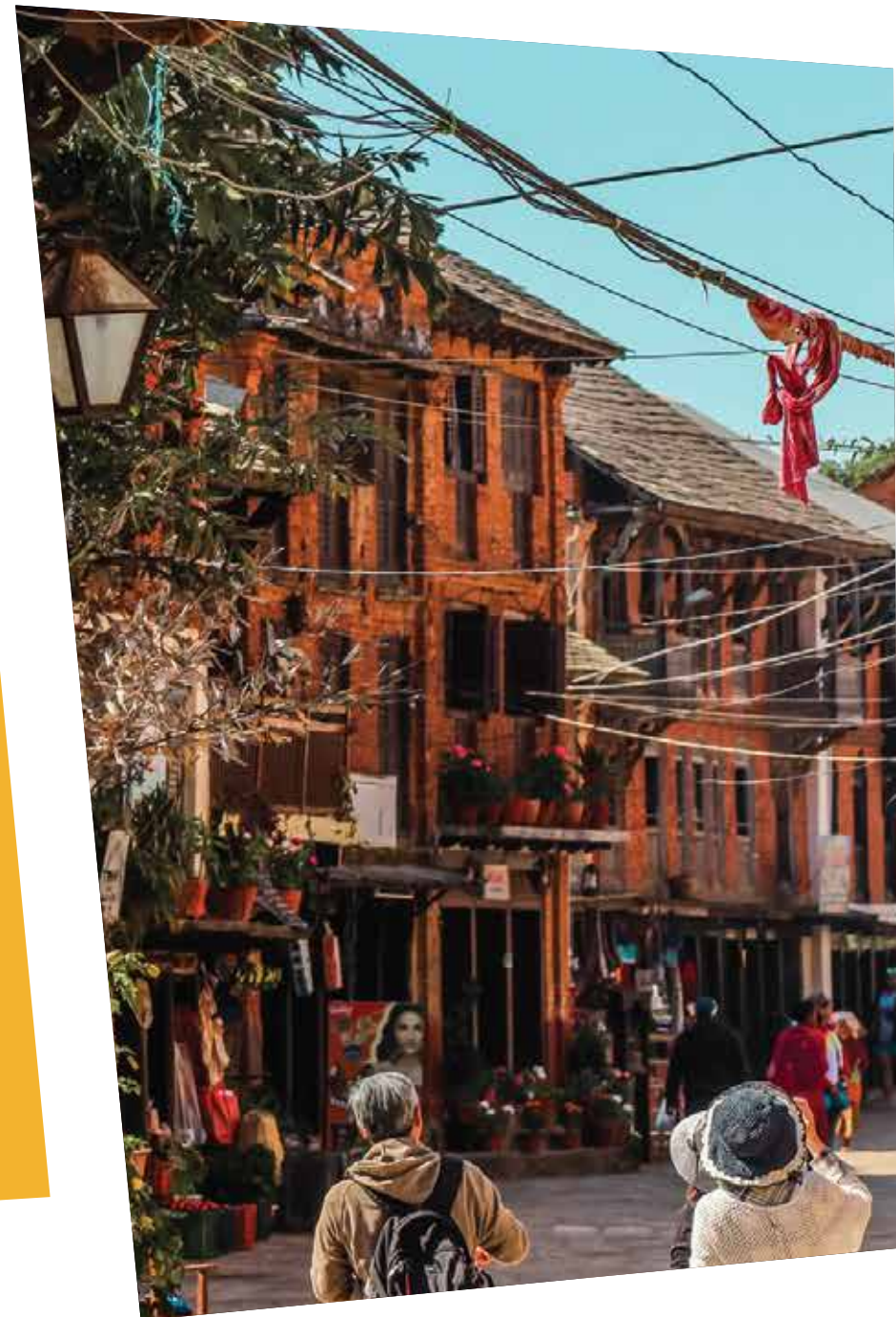
**Accommodation:** Guesthouse

**Transportation:**

**Estimated Travel Time:**



6 Hours





# DAY 5

## Trekking towards the Newar

We will wake up early to have the chance to see the amazing sunrise while we hike down to **siddha cave** and to explore the Living museum of Newari Culture, the largest cave in Nepal.

After that we will head to the beautiful city of **Pokhara** and we will spend the rest of the day there.

**Accommodation:** Hostel

**Transportation:**

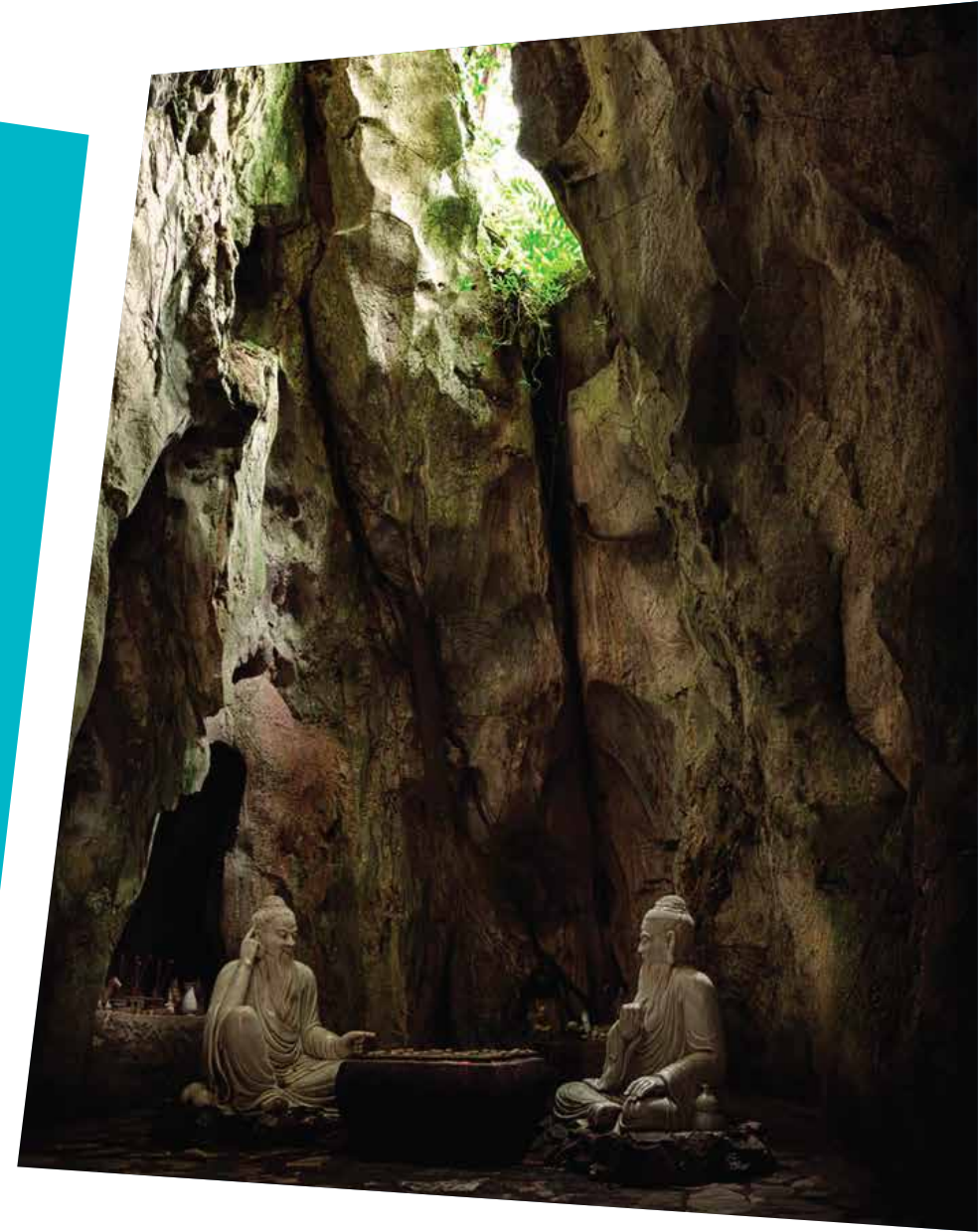
**Estimated Travel Time:**



4 Hours



3 Hours



# DAY 6

## Lakeside of Pokhara

With a semi-open day, we'll have the opportunity to explore **Pokhara** and walk around the beautiful city and enjoy the markets and the scenery.

Later on we'll enjoy the sunset on a boat around the lake and ending the day with an outdoor movie.

**Accommodation:** Hostel

**Transportation:**

**Estimated Travel  
Time:**



# DAY 7

## Trek the great mountain of The Himalaya

Heading to **Phedi** to start our hike to the spectacular village of **Dhampus**; on our way up we will pass through forest and several small villages also we will have the chance to meet local tribes who are very friendly and welcoming.

Later on we'll be heading back to **Pokhara**.

**Accommodation:** Hostel

**Transportation:**

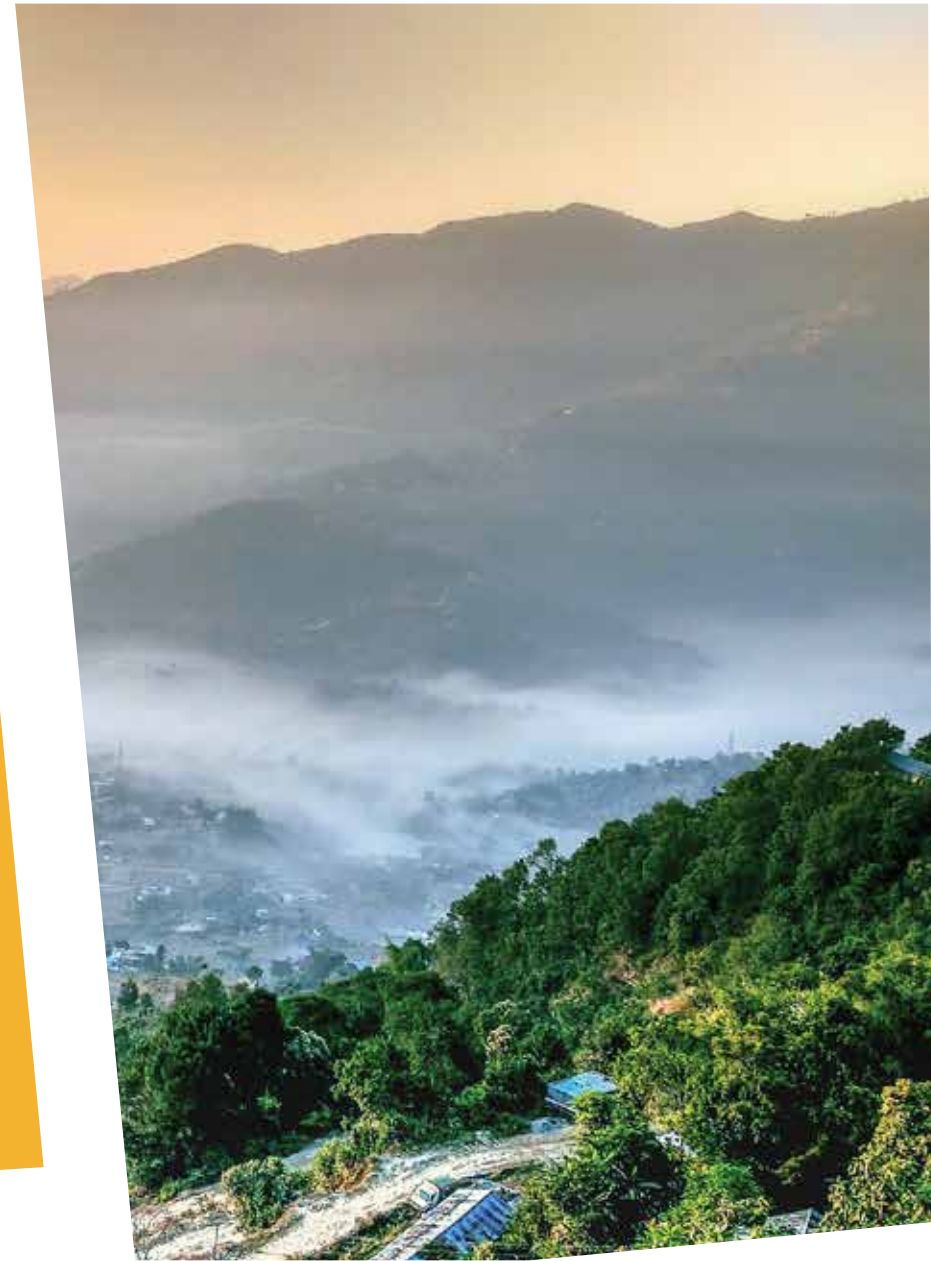
**Estimated Travel Time:**



6 Hours



2 Hours





# DAY 8

## Buckle up, Thamel here we come!

Waking up in **Pokhara** to a beautiful morning and getting ready to catch our bus to **Kathmandu**.

After we arrive we'll be romaing around **Thamel** at night and then getting ready for tomorrows full day.

**Accommodation:** Hostel

**Transportation:**

**Estimated Travel Time:**



6 hours



# DAY 9

## Jumping a 160m Bridge

We wake up early to have a quick breakfast then we'll take the a bus that will take us to wild **Bhotekoshi river** and there Imagine a bridge over a 160m high tropical gorge, with one of Nepal's wildest rivers, raging below...

### Now jump!

Afterwards, we have the rest of day to enjoy the local bazar of **Thamel** in Kathmandu.

**Accommodation:** Hostel

**Transportation:**

**Estimated Travel  
Time:**



8 Hours



# DAY 10

## Good Bye Nepal

Unfortunately...

It is the time to say good bye to the land of mountains, ancient temples and friendly people.

We check out from the hostel and head to airport.

**Transportation:**

**Estimated Travel  
Time:**



30 m





# THE WHERE THE HOW THE WHAT



You might be wondering by now,  
where are we staying? how are we going to  
move from point A to point B? what are  
we going to eat? what is the weather going to be like?  
and what am I supposed to pack?

No worries, we'll answer all these questions.





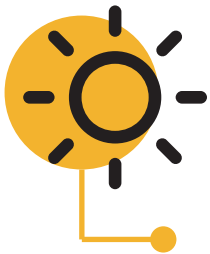
## Hostels

- A bed in shared dorms
- Awesome atmosphere
- Cultures from all over the world
- Making new friends
- Meeting locals



## Transportation

- Local busses
- Scooters
- Boats
- Tuk Tuks
- Hitchhiking



## Weather

April is the beginning of the wet season in Nepal. Light to moderate rain is expected throughout our trip, with the highest temperatures reaching around 29°C.



## Food

With the traditional food, we'll try the authentic Nepalese cuisine at local restaurants, street vendors and cafes



55L Backpack



Wool socks



Hiking shoes



Packable backpacks (for daily activities)



Universal adaptor



Padlocks (for hostels' lockers)



Travel packable towel



FirstAid kit and personal medicine



Rain jacket



Sleeping bag liner

# IMPORTANT



LifeStraw Go	Sleeping ear plugs
Powerbank	Flipflops
Headphones	Sunscreen
Packable neck pillow	Trekking pants/shorts
Personal/passport photos	Sunglasses
Travel toiletry bag	Packing cubes
Laundry bag	Light running shoes
Sleeping mask	Insect repellent
Light jacket	Portable bidet (e.g. TeshTesh)

# GOOD-TO-HAVE

# TRIP PRICE



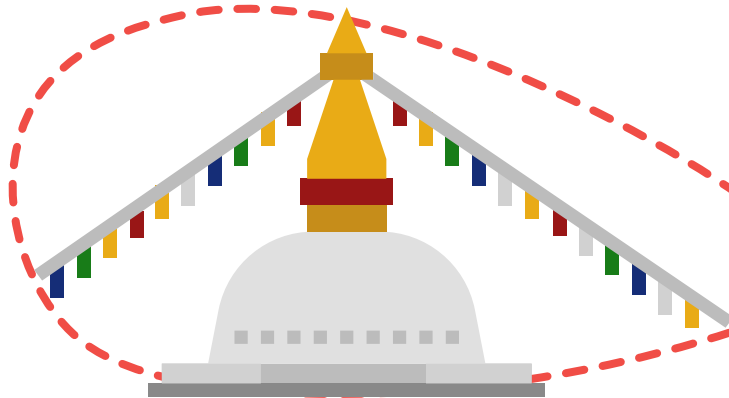
**1,640 USD**

**6,150 SAR**

**per person**

# TRIP DATES

  
**STARTS** 21 Mar



30 Mar **ENDS**



## Price includes:



### Travel insurance

We partner with a travel insurance company that covers almost all accidents - not that you'll have any but just in case!



### Outdoor activities

From hiking, bungee jumping, rafting and other challenges that will get you out of your comfort zone.



### Local Transportation



### Accommodation\*

In various types of hostels and guesthouses.



### Daily meals

Breakfast, lunch, and dinner at local restaurants and food vendors.



### Experienced guides

Our guides are there to make sure you have the best and the safest experience, in addition they have great stories about their travels and lots of fun activities while in transit.

## Price excludes:

### International flights

We do however provide suggested arrival & departure times. Check page 26.

### Visa fees

Nepalese visa fees is 30\$ on arrival.

### Backpack

Backpack rentals are available by Saudi Nomad for 30 SAR/day

### Drinks & water

### A Travelers spirit

You have to be open to trying new things and be one with the group, because in the end, we'll become you're traveling family.

\* Female only dorms will be provided



# POST TRIP EXPERIENCES



## KAYAKING INTENSIVE COURSE

Embark on an exciting 4-days Whitewater Kayaking Course on the spectacular **Bhote Koshi River**!

Designed for absolute beginners, this immersive experience is guided by expert instructors who will teach you everything you need to navigate the river's exhilarating waters safely.

Over the course of your stay, you'll master paddling techniques in the pool, build confidence on calm stretches, and then feel the thrill of taking on rapids in the whitewater river—all while soaking in the stunning scenery of Nepal's lush river valleys.

Evenings are for relaxation and camaraderie at our cozy riverside Safari Tents, making this the perfect blend of adventure and comfort.

Join us for an unforgettable journey into the world of kayaking!

640 USD

**2,400 SAR**  
per person

### PRICE INCLUDES:

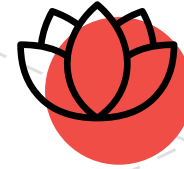
- All meals
- Certified local guides
- 4 nights in the forest
- All equipments & transportations



**SAVE YOUR SPOT NOW!**



# POST TRIP EXPERIENCES



## 4 DAYS & 3 NIGHTS YOGA RETREAT

Escape the demands of daily life with the All Inclusive Yoga Retreat experience, designed to nurture your body, mind, and soul.

Immerse yourself in relaxation and detoxification, leaving behind stress and distractions to find peace and clarity.

Through guided yoga and meditation sessions, you'll develop vitality, strengthen your body, and deepen your practice, taking it to the next level.

Embrace the serenity of nature, disconnect from technology, and reconnect with your inner self, fostering self-realization and a sense of harmony.

Surrounded by positive energy and like-minded individuals, this retreat offers the perfect opportunity to recharge, reflect, and rediscover balance in your life.

**Take the first step toward your journey to inner peace!**

480 USD

**1,800 SAR**  
per person

### PRICE INCLUDES:

- All meals (vegetarian)
- Daily yoga sessions
- Private room
- Daily therapeutic massages

**SAVE YOUR  
SPOT NOW!**



# REASONS TO JOIN THE TRIP

- If you want to learn how to backpack.
- If you want to discover yourself, find ways to get out of your comfortzone and try out new things.
- If you want to emerge yourself with a new culture.
- If you are fit enough and brave enough to face the unknown.
- If you are enthusiastic and have an easy going attitude.







# FLIGHTS TIMEFRAME

## NOTE

We **strongly recommend** arriving a day or two prior to the start of the trip, to ensure you have plenty of time to rest and fully recover from any jet lag.



## Arrival Flight

- **CITY:**  
Kathmandu, Nepal
- **AIRPORT:**  
Tribhuvan International Airport [KTM]
- **DATE:**  
Saturday, March 21, 2026
- **MEETING TIME:**  
Latest by 12 PM
- **MEETING POINT:** \*  
The hostel in Kathmandu



## Departure Flight

- **CITY:**  
Kathmandu, Nepal
- **AIRPORT:**  
Tribhuvan International Airport [KTM]
- **DATE:**  
Monday, March 30, 2026
- **FAREWELL TIME:**  
After 6 AM
- **FAREWELL POINT:**  
The hostel in Kathmandu

\* The meeting point will be shared one week prior to the trip's start date, along with additional instructions to help you reach the location.



# FREQUENTLY ASKED QUESTIONS

## ○ **How physically demanding is the trip?**

Nothing super extreme—just some fitness and a willingness to stay active and a spirit for adventure is all you need.

## ○ **Is it beginner-friendly for backpacking?**

Yes! Our trips are designed with first-timers in mind, and our guides are there to support you throughout.

## ○ **How big is the group?**

We keep it small—10 travelers plus 2 guides—to keep things fun, flexible, and easy to connect.

## ○ **Can I join solo?**

Yes, and it's actually encouraged! Solo travelers often have the best time getting to know the group.

## ○ **Is it safe for solo female travelers?**

Yes, as long as you're with the group and follow the guides' instructions, the trip is very safe.

## ○ **Can I have a private room?**

Not on these trips. We stay in hostels to keep things social and immersive—it's a key part of the experience.

## ○ **How much cash should I bring? Do they accept cards?**

We recommend bringing \$200–\$500. Credit cards work in most places, but small shops often prefer cash.

## ○ **What if I arrive early or late?**

Early is best—we'll gladly suggest where to stay. Arriving late is discouraged, as it's harder to catch up with the group and you'll miss key trip introductions.

## ○ **Can I join only part of the trip?**

No. The trip is designed to be experienced in full, from start to finish—it's all part of the magic.

## ○ **Will Saudi Nomad guides be in the post trip experiences?**

No. Post trip experiences are run by awesome local guides, separate from the main trip and have separate arrangements.



*Join us in our adventure*

**THANK YOU!**



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